1973 Region H - Class AA at Macalester College- Thursday, May 31

Team: White Bear Lake 53, Alexander Ramey 47, St. Paul Harding 40, Hastings 30, St. Paul Park 28, Burnsville 21, South St. Paul 20, St. Paul Central 10, Rosemount 7, Forest Lake 4.

100 Yard Dash 1 Randy Thiele, Hastings 10.3 2 Dave Harpole, Ramsey 10.4 3 4 5	120 Yard High Hurdles 1 Larry Raddatz, South St. Paul 14.4 2 Jeff Anderson, Harding 14.5 3 Jim Billingsley, White Bear Lake 14.9 4 5	Discus Throw 1 Terry Matula, Hastings 151-8 2 Ken Pope, WBL 145-8 3 4 5
220 Yard Dash 1 Tom Pagel, St. Paul Park 23.2 2 Tom Ries, Hastings 23.6 3 4 5	180 Yard Low Hurdles 1 Larry Raddatz, South St. Paul 19.4 2 Jim Billingsley, WBL 19.7 3 4 5	880 Yard Relay 1 Ramsey 1:31.6 2 3 4 5
440 Yard Dash 1 Steve Barkley, St. Paul Park 50.5 2 Don Allery, Harding 50.9 3 4 5	Pole Vault 1 Pete Foster, Harding 12-6 2 Tom Roan, St. Paul Park 11-6 3 4 5	Sprint Medley Relay 1 Ramsey 3:36.1 2 Hastings 3:36.2 3 White Bear Lake 3:38.0 4 5
880 Yard Run 1 Gary Tracerna, Ramsey 1:57.1 2 Graig Orson, Burnsville 2:00.6 3 4 5	High Jump 1 George Fahey, WBL 6-0 2 John Svenkeson, Forest Lake 6-0 3 4 5	Mile Relay 1 St. Paul Park 3:26.6 2 3 4 5
Mile Run 1 Dan Spear, Ramsey 4:18.1 2 Todd Thompson, Burnsville 4:26.9 3 4 5	Long Jump 1 Jeff McCall, Central 21-7.5 2 Elijah Coleman, Central 21-5.75 3 4 5	
Two Mile Run 1 Paul Nelson, Ramsey 9:28.2 2 Craig Wilson, WBL 9:32.4 3 4 5	Shot Put 1 John Lane, WBL 50-0 2 Jeff Leachery, Ramsey 49-9.75 3 4 5	

Notes: White Bear Lake was coached by Ron Sass.